

# Springdays Odyssey

## OCTOBER

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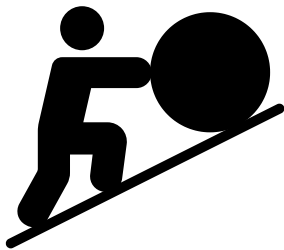
### EDITORIAL HEAD

MS. KITTY CHRISTINA

### Word of the month

## DETERMINATION

having a strong will to continue trying  
and not giving up, even when  
something is difficult.



### FELICITATION OF IGCSE TEACHERS - OCTOBER 8

We proudly celebrate our dedicated IGCSE teachers for their excellence and commitment to student success. Ms. Sangeetha (Chemistry), Ms. Sushma (Biology), Ms. Divya (ICT), Ms. Niruthya (Tamil), Ms. Farhath (Global Perspectives), and Mr. Balanageshwar Rao (Physics) were felicitated by Ms. Ramya Sivakumar, Curriculum Director, in a ceremony hosted by Principal Mr. P. Nagarajan. Their passion, guidance, and dedication continue to inspire and empower our learners every day.



### BEST CLASS AWARD

'GRADE 9' has truly raised the bar this month!

Their excellent behaviour, active participation, and consistent academic effort have created an inspiring learning atmosphere. Students demonstrated respect towards teachers and peers, showed strong teamwork during group activities, and embraced new challenges with confidence.

We are delighted to honour 'GRADE 9' as the Best Class of the Month for their admirable enthusiasm and determination. Congratulations to every student — your hard work is making a big difference. Keep up the fantastic spirit and continue to shine!



### NEWS AND VIEWS

- Class assemblies
- Diwali celebrations
- Learning showcase
- Career counselling session
- Competitions
- Cambridge attributes
- Teacher's message

## CLASS ASSEMBLIES

### GRADE 6 AND 7 – INTERNATIONAL NON-VIOLENCE DAY – OCTOBER 8

TEACHERS IN-CHARGE – Ms. Deepika [Grade 6 HRE],  
Ms. Mirunalini [Grade 7 HRE]

Students of Grades 6 and 7 presented a thoughtful assembly in honour of the International Day of Non-Violence, celebrating Mahatma Gandhi's ideals of peace, unity, and respect. Through speeches and role-plays, they shared the importance of resolving conflicts with empathy and understanding. The programme reminded everyone that non-violence begins in daily life—through kind words, compassion, and dignity. Their performance beautifully inspired harmony within our school community.



### GRADE 8 AND 9 – WORLD MENTAL HEALTH DAY – OCTOBER 29

TEACHERS IN-CHARGE – Ms. Kavitha [Grade 8 HRE], Ms. Sushma [Grade 9 HRE]

Grades 8 and 9 conducted an insightful assembly on World Mental Health Day, highlighting the importance of emotional well-being and open communication. Through an interactive session, students discussed managing stress, expressing feelings, and supporting one another with empathy. They also demonstrated simple deep-breathing exercises to promote calmness and focus. The programme encouraged everyone to prioritise mental health and build a caring, supportive school environment.

### DIWALI CELEBRATION – OCTOBER 15

The school celebrated Diwali with great joy and cultural spirit. The event began with the traditional Lighting of the Kuthuvilakku, followed by a cheerful Welcome Song and Dance that set a festive tone. Colourful group performances, a creative Ramp Walk, and a Slogan Writing Competition added excitement and promoted messages of eco-friendly celebration. The Principal's Address reminded everyone of the festival's true values—kindness, gratitude, and harmony. The celebration ended with the National Anthem, marking a radiant and meaningful Diwali filled with unity, joy, and positivity.



### PROJECT DAY - LEARNING SHOWCASE – OCTOBER 18

Our school successfully hosted **Project Day**, now called **LEARNING SHOWCASE**, providing students an exciting platform to showcase their creativity, innovation, and collaborative learning across multiple subjects. The event highlighted meaningful exploration and hands-on engagement as students presented projects connected to real-world concepts.

The **Science Working Models** were a major attraction, featuring experiments, simple machines, and environmental innovations that demonstrated students' problem-solving skills and scientific curiosity.

The **Language Displays** brought creativity to life through storyboards, character analysis, vocabulary exhibits, and interactive games that celebrated communication and expression.



At the **Math Corner**, students applied mathematical concepts through puzzles, models, geometric art, and data displays that made learning both logical and fun. The **Global Perspectives Spot** encouraged learners to explore global issues, including sustainability, cultural diversity, and responsible decision-making, through well-researched presentations.

Additionally, the **Business Studies Point** showcased young entrepreneurs' ideas with mini business models, marketing strategies, cost analysis, and product displays, helping students understand real-life commerce. Students made quesadillas, mojitos, and pani puris, sold them, and received an amazing profit. Project Day truly reflected our school's commitment to **future readiness**, enabling students to think critically, work collaboratively, and express their ideas with confidence. It was an inspiring and enriching experience that celebrated innovation, knowledge, and student excellence across Grades 6 to 11.



## CAREER COUNSELLING SESSION – OCTOBER 25

A valuable **Career Counselling Session** was conducted at school for both parents and students of Grades 8 to 11. The session was led by **Ms. Eshwari**, an experienced career counsellor who guided students on how to explore their strengths, interests, and future goals effectively.

She introduced the **Six Thinking Hats** technique, explaining how this method helps students analyse career choices from different perspectives—creatively, logically, emotionally, and critically. Parents and students were encouraged to use this strategy to make informed decisions about subject selection and long-term pathways.

Ms. Eshwari also shared a career interest form to help students identify suitable fields of study and career possibilities. She assured the audience that more sessions would follow, including one-on-one counselling and profile building opportunities to provide personalised support for every learner.

The session was highly informative and empowering, helping our students take confident steps towards a bright future.



## CMC 125<sup>TH</sup> ANNIVERSARY QUIZ – OCTOBER 28

Our team, Harshita James and Jithish Ranjith Kumar of Grade AS and Yeldho Chako from Grade 8, were on time to the CMC Nursing College at the Kagithapattarai Campus, all set at the beginning of a chilly morning. Against all the existing odds, we were anxious about our performance throughout the quiz, but that did not slow us down in any way.

Following a self-fulfilling snack, the game began. The knockouts were bristling with energy; few rounds involved dumb charades and paces, and initially, questions only propelled us to take the lead at the end of the knockouts. Our feelings were relentless.

The quiz moved seriously. We did not give up. We fought for gold, but to the end, we were placed second on the table. It was a thrilling showdown, but nevertheless, we were so grateful for what we had won. It was a proud moment for all three of us, and absolutely for Springdays as well.



## STUDENT'S REVIEWS

Participating in the "How Well Do You Know CMC?" inter-school quiz competition was an incredible experience. With questions covering CMC's history, milestones, and vision, the preliminary and final rounds put our memory, speed, and attention to detail to the test. It was worth the effort to represent our school and place second. In addition to facts and figures, we studied the impact of CMC on healthcare and the inspirational legacy of Dr. Ida Scudder. The competition taught us teamwork and composure under pressure. It was truly an experience we'll always cherish.

HARSHITA JAMES [AS LEVEL]

It was a chilly but comforting day. After prayers and compliments, my teammates and I were welcomed to the quiz seat. Not to mention that we were grateful for the delectable sandwiches and apple juice the staff served us. Our strategies throughout took the spotlight. I couldn't express the hours I liked as a team debating our answers. Briefly, I cannot forget how we missed out hilariously on in dumb charades, but we progressed and climbed second. It has been a while since I had won a quiz, and this definitely made my day.

JITHISH RANJITH KUMAR [AS LEVEL]

My experience in this quiz was fantastic. It was very competitive, with around 10 schools showing up in the 1st round. We studied hard and qualified for the next round, where we came just 10 points off 1st. Overall, it was really fun, and I would go again.

YELDHO CHAKO ABY [GRADE 8]

## ONLINE ESSAY WRITING COMPETITION

Taking part in an online essay competition organized by Immerse Education was a wonderful experience. My essay was based on mesenchymal cells and how they could be used in the future. The workbook provided by the organizers really helped me plan and structure my writing. After submitting my essay through email, I was invited to attend a webinar. This experience and certificate mean a lot to me and will surely help in my future studies and goals.

SHAANVHI NARENDIRAN [AS LEVEL]



## CAMBRIDGE ATTRIBUTE – INNOVATIVE AND CREATIVITY

Innovation and creativity play a vital role in shaping young minds for the future. They are powerful skills that help students explore new ideas, think differently, and turn imagination into reality. When learners go beyond the ordinary, they discover exciting possibilities and deepen their understanding of the world around them. In school, these qualities nurture curiosity, collaboration, and a lifelong love for learning. Confident problem-solvers and imaginative thinkers emerge when students are encouraged to experiment boldly and express themselves in unique ways.

This month, students from Grades 6 to 11 showcased outstanding innovation and creativity during the School Project Day and through participation in various Assemblies and Clubs. Across Science, Language, Mathematics, Global Perspectives, and creative performance activities, they presented impressive research, inventive working models, captivating displays, and interactive demonstrations. Their efforts reflected how knowledge, when paired with originality, leads to meaningful and enjoyable learning experiences.

We proudly applaud our learners for their creative spirit, teamwork, and dedication, which continue to inspire progress and excellence in every corner of our school community.

## TEACHER'S MESSAGE

### "Learning to Understand: The Power Beyond Grades"

I believe education is one of the most powerful tools we possess. True learning goes beyond exams and grades; it is about understanding the world around us. When learners remain curious and eager to explore new ideas, they develop a mindset that values knowledge for its own sake. Learning to understand builds confidence and equips individuals to fact-check and defend their perspectives. I am always inspired by students who embrace this approach, and I hope all learners cultivate a lifelong love for learning that empowers them to engage meaningfully with the world.



Sushma Rao  
Biology Teacher