

Springdays Odyssey - September 2026

**CHIEF EDITORS**

JUDE & LOHITH (GRADE - 9)

**MEMBERS**ADHITHIYA, LOHITH, SAI VARSHINI,
KANISHKA SAI TANSHIKA, PRANAV
(GRADE-9)

ANAS, ISHIKA, GENESIA, VIRAT (GRADE- 8)

**EDITORIAL STUDENT HEAD**HARSHITA JAMES
JITHISH (A LEVEL)**EDITORIAL HEAD**

Ms. KITTY CHRISTINA

**CREATIVE HEAD**

Mr. RILIN

WORD OF THE MONTH APPRECIATING

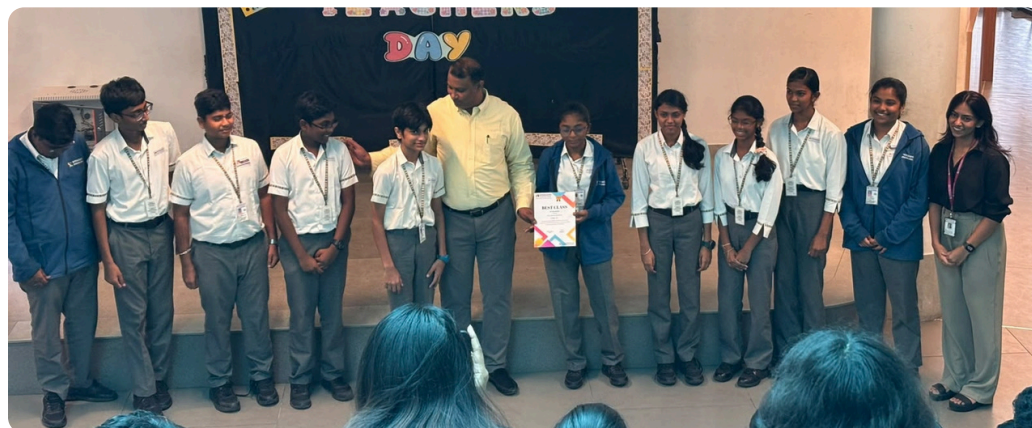
Recognising the value, effort and
contributions of others.

TRY IT

Take a moment to thank a teacher for
something they have taught, encouraged or
helped you with.

THINK ABOUT IT

Which teacher has made a difference to you,
and how can you show your appreciation?



BEST CLASS AWARD SEPTEMBER 2026: GRADE 9

*A big round of applause to
Grade 9* for earning the Best
Class Award! Their dedication,
cooperation, and daily efforts
reflected the true spirit of
excellence.

SA-1 EXAMINATION: ACADEMIC CELEBRATIONS

SA-1, known at SIS as the Academic Celebration, was an opportunity to reflect on our learning and understanding. Preparing for the assessments taught us to revise regularly, manage our time and stay focused. Overall, it was a meaningful experience that motivated us to work harder.

Sai Varshini – GRADE 9

SA-1 was valuable practice for our upcoming Grade 10 board exams. It helped us build endurance, deepen our understanding and learn from our mistakes. Though we may not have achieved the marks we hoped for, we gave our best and look forward to doing even better in SA-2.

Sai Tanshika – GRADE 9

SA-1 was a great test of patience, stamina and composure. It showed us that exams are not just about marks but also about the hard work and effort behind them. We are ready to challenge ourselves further and aim higher in SA-2.

Anas – GRADE 8



NEWS AND VIEWS

- Aviv's Triathlon
- Reflection on Term I and thoughts on Term II
- What peace really means—remembering International Day of Peace
- Cambridge Parent Orientation
- Favorite memory
- Teachers message – Ms. Sherina



AVIV'S TRIATHLON

I participated in the IronKids Bengaluru Triathlon, a fun and challenging multi-sport event that tested my endurance and determination. The race began with a 300 m swim, where I focused on maintaining a steady pace in the water. After the swim, I completed a 3 km cycling segment, pushing myself to stay fast and consistent. The final stage was a 1.5 km run, which required both physical and mental strength after the previous events. Finishing the triathlon was a rewarding achievement that improved my confidence, fitness, and sportsmanship while giving me a memorable experience. I was proud to cross the finish line and celebrate my accomplishment.



REFLECTION ON TERM I AND THOUGHTS ON TERM II

Term I was packed with exciting activities, celebrations, clubs, FAs and SAs. Ever since the school opened its doors in June, it was a wonderful time for students to get to know one another and for teachers to understand our strengths, weaknesses and interests through engaging lessons and activities. SIS's new school council—Kanishka (Student Leader), Adhithiya (Deputy Student Leader), and Shafaz (Sports Captain)—jointly with Jithish, the Student Coordinator, and the Student Leadership Program together led the school community through various student initiatives that will continue into Term II. SIS didn't stay put with itself either; our students immersed themselves into the Youthalic MUN, HCL Jigsaw, and several activities visible on campus. We also had a vibrant Sports Day with the SIS Contingent's March Past and the 100%-student-planned Teachers' Day Celebration that left a lasting token of gratitude for our teachers. Term I was fun, meaningful and nothing short of thrilling.

Term two is our chance to elevate what Term I explored. It's time to colorfully express our talents, ace creative projects and build confidence through clubs, celebrations, learning showcases and assessments. Exciting events lie ahead of us; we're close to Diwali's festive season and we brace for yet another blissful Learning Showcase. We're anticipating more student contests, celebrations, and opportunities for students to make an impact. It is a time to become reflective, responsible and confident learners. Let us step forward with courage, discover our potential, celebrate our uniqueness and make Term II a memorable journey of growth and success!

✍ KANISHKA (GRADE 9) & JITHISH (GRADE 12)

CAMBRIDGE PARENT ORIENTATION – UNDERSTANDING THE CAMBRIDGE JOURNEY

To create greater awareness and understanding of the Cambridge curriculum, our school organised a Parent Orientation Programme for parents to gain a clearer insight into the Cambridge educational journey.

The session introduced parents to the structure, approach and expectations of Cambridge education, with a focus on how it develops students beyond academic knowledge. Parents were familiarised with the different stages of the Cambridge pathway and the skills students gradually develop through their learning.

The orientation also highlighted the importance of critical thinking, independent learning, communication, creativity and real-world application. Parents were given an understanding of how Cambridge assessments encourage students to analyse, evaluate, express ideas and apply their learning rather than simply recall information.

The session included insights from our academic team, sample examination materials and experiences shared by students. Parents also had the opportunity to interact with subject teachers and the examination officer, helping them understand how they can support their children throughout the Cambridge journey.

The programme served as a meaningful platform for building awareness, answering questions and strengthening the partnership between parents and the school as we work together to support every learner's academic and personal growth.

✍ KITTY CHRISTINA



WHAT PEACE REALLY MEANS— REMEMBERING INTERNATIONAL DAY OF PEACE

Peace is a state of balance that exists across different levels of human life. Peace is tremendously necessary; it calms our hearts and minds and provides emotional support when we are feeling low, boosting our confidence when feeling lost. This one quality can go a long way in fostering communication and patience among people.

However, peace doesn't just mean internal harmony or a state of equilibrium. Peace involves something more outward: the strength and will to cultivate cohesion alongside unity. Peace isn't dependent on people; rather, peace is sustained by a common understanding of values, priorities, and a collective commitment to respecting each other.

Serenity isn't merely the absence of conflict, but the presence of justice and understanding. As we reflect on the International Day of Peace, we remind ourselves that peace stems from effort through dialogue, and sprouts from looking past our differences and looking into our communities. It is especially important to embrace empathy and security—peace is affirmed with safety and shared through rapport. Ultimately, peace begins as a choice from within us, but thrives when we choose to actively extend it to the world.

/ ADHITHIYA (GRADE 9) & JITHISH (GRADE 12)

MEMBERS OF THE SCHOOL JOURNAL COMMITTEE SHARE THEIR FAVORITE MEMORY ON THE TEAM

My favourite memory as a member of the Journal Committee was seeing my articles being published in our school journal. I enjoyed writing articles regularly and sharing my ideas through them. At first, my name was accidentally left out of some of my work, but after bringing it to the committee's attention, it was added. Seeing my name alongside something I had written myself made me feel really happy and proud. It made me feel that my contribution was recognised and encouraged me to continue writing more. This experience made being a part of the Journal Committee even more memorable for me.

/ SAI VARSHINI, MEMBER (GRADE 9)

Joining the journal committee was an incredible experience for me. At first, I was terrified of making mistakes and worried about getting scolded. However, Kitty Ma'am constantly encouraged me and made me feel truly welcome. I was so glad to be included, and that is how my journal journey officially began. Seeing my name printed in the magazine for the first time made me feel so happy and proud. So far, so great!

/ SAI TANSHIKA, MEMBER (GRADE 9)

My favourite memory as a member of the Journal Committee was writing articles on the topics given by our head. I enjoyed researching the topics and putting my thoughts into words. I especially liked seeing my finished articles included in the journal. It made me feel proud to be a part of the committee.

KANISHKA REDDY, MEMBER AND FORMER CHIEF EDITOR (GRADE 9)

My favourite memory of being a part of the Journal Committee is being able to showcase what we learn in school in my own way through writing. One of my favourite things is making sure that everything is done right, and in the Journal Committee, I take up the role of a chief editor which allows me to edit articles to make sure they're ready to be printed.

/ LOHITH, CHIEF EDITOR (GRADE 9)

My favourite memory as a school journalist is probably writing this very paragraph at the last minute, after postponing it for as long as possible. But honestly, that is also what makes journalism so memorable for me. Taking a simple event, gathering little pieces of information, and turning them into something worth reading feels like a kind of magic. Talking to the editorial head about journalism and other things, and watching everything come together, makes me glad to be part of the team.

/ JUDE MOHAN, CHIEF EDITOR (GRADE 9)

My favourite memory as a journal member was in Grade 8. It was when I first joined as a journal member and I didn't know what to do. Kitty mam and the chief editors Jude and Kanishka helped me in writing my own editorials and collecting information. I'm now independently able to write effective articles.

/ ADHITHIYA NIVASAN, MEMBER (GRADE 9)

I have the best memories all the time, several times a week. Whether it's having a fun collaboration with the journal committee or investing myself into editing articles and planning the agenda for the next issue, crafting and leading this magazine is in itself the best memory for me.

/ JITHISH RANJITH KUMAR, EDITORIAL STUDENT HEAD (GRADE 12)



Springdays and its Teachers

Springdays – Where Our Colors Bloom

The campus breathes like a flower in June.

Birdies and flora – so lush in galore

It feels like a paradise I'd love to explore.

The warm corridors and KCTA buzz;

Libraries and classrooms are rich with us.

The magic – something that fills the air

Thanks to the wisdom our teachers share.

Nagarajan sir, with a guiding thought

Leads us all to the right spot.

Sivakumar sir – a grounded pioneer

Future-focused and very sincere.

Ramya mam – leads by example

With patience and thoughtfulness ample.

Kitty Mam – she stimulates our minds to muse

To her, we children are as curious as a Goose.

Niruthiya Mam – a flawless artist

Poetic with a soul that's heartiest.

Sushma mam – cool as a cucumber

Smart and bright like April summer.

Mirunalini mam – computer prowess

Need teamwork? She's a princess.

Nagavalli mam, with math's fine art

Sweet and sharp like an appletart.

Sangeetha mam – beauty in Chemistry

Her classes are a moment of discovery.

Sherina mam – elegance in action

Points to success and the right direction.

Deepika mam, with a refreshing mind

Guides us all with a heart so kind.

Sudha mam – what a friendly smile!

Pushes us all to the extra mile.

Lakshmi mam – a gentle mentor

She'd never let us move away from our focus' center.

Kavitha mam – with a brilliant perspective

Inspires us children to be more reflective.

BNR sir – smooth and skillful

Be it physics or being mindful.

Sujatha mam – with curious beams

Gets us closer to our dreams.

Dhara mam – always supportive

Her calmness is transformative.

Sanchi mam – business-smart,

Knowledge-rich with a driven heart.

Femlin mam – very relaxed

In her classroom, comfort's maxed.

Divyashree mam – she's got a lovely passion

For teaching and pure compassion.

Suganya mam – more than an artist

Her colors are as sparkly as stardust.

Samuel sir – sporty and cool

He fosters your ambitions with fuel.

Kim mam – homely with the library

Fond of books and tales like a fairy.

What a team to cherish forever

Leading our mission, always together.

Springdays comes alive with us

But teachers! Y'all are the school's plus.

Nothing can grow a student better than

Having a teacher who says "You can!"

So, we Springdayers proudly say

"Happy Teachers' Day!"

/ JITHISH (A LEVEL)



 Cambridge Learner Attribute	 Why it fits Appreciating Teachers	 Monthly Focus
Respectful	Respectful learners recognise the efforts and contributions of others. They listen, value different perspectives and show gratitude through their words and actions.	I show appreciation by recognising the efforts of others, listening with respect, and expressing gratitude.

TEACHER'S MESSAGE



THE LESSONS MY STUDENTS TAUGHT ME

When I look back at my journey as a teacher, I realise that some of the most meaningful moments were never part of a lesson plan. They happened in the little moments—in a student's smile, a hesitant answer, a sudden burst of confidence, or a quiet "Thank you, Ma'am."

There are some professions that you choose, and there are some that slowly become a part of who you are. For me, teaching has been more than a profession—it has been a journey filled with learning, challenges, laughter, and countless unforgettable moments.

Over the years, I have learnt that every child carries a different story. Some need encouragement, some need patience, some need a little push, and some simply need someone to believe in them.

As teachers, we often wonder whether our words and efforts truly make a difference. Then, years later, a former student comes back and says, "Ma'am, I still remember what you told me." And suddenly, we realise that perhaps we did make a difference.

Teaching has given me memories that no certificate or achievement can replace.

Through the years, my students have taught me as much as I have taught them. They have made me more patient, understanding, and willing to learn every day.

Looking back, I feel grateful for every classroom, every challenge, and every child who has been a part of my journey.

For me, teaching is not simply what I do—it is a part of who I am.

If I can inspire even one child to believe in themselves and dream a little bigger, I know I have made a difference.



 Ms. SHERINA - FRENCH TEACHER

